



## Schedule Winter 2010

	Mon	Tues	Wed	Thurs	Fri	Sat
6:00 am to 7:00am	SPORTS CONDITIONING		SPORTS CONDITIONING		SPORTS CONDITIONING	
9:00am to 10am	CV X-FIT		CV X-FIT		CV X-FIT	CV X-FIT
12:10pm to 12:50pm	SPORTS CONDITIONING		CV X-FIT		SPORTS CONDITIONING	
5:45pm to 6:45pm	CV X-FIT	CV X-FIT	CV X-FIT	CV X-FIT		
7 pm To 8:30pm			GLACIER KINGS		